



Support to help your child reach his or her full potential.

Easter Seals Provo Early Intervention Program is a family focused program serving infants and toddlers ages birth to 3 years old with developmental delays and/or disabilities. We work collaboratively with families to provide an individualized program of therapeutic and developmental services that help children reach their full potential.

Where to begin

As a parent, you most often will be the first to notice “something is wrong.” You see your baby not lifting his head, reaching out or rolling over as you think he should. Perhaps your baby just doesn’t seem like your other children or other babies you see. It may not be anything definite—just something you sense.

If you suspect that your child might be experiencing delays in his or her development you can contact us for a no-cost evaluation. An Easter Seals Child Development Specialist will gather your concerns and priorities and conduct a comprehensive assessment to determine your child’s strengths, as well as areas of challenge.

If it is determined that your child qualifies for early intervention services, we will work with your family collaboratively to develop an Individual Family Service Plan (IFSP) that will specify your family’s priorities, and outline a plan in which we will work together to help your child reach his/her optimal development.



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How does my child qualify?

A child qualifies for Early Intervention services if he or she is experiencing a significant delay in one or more areas of development, including:

- Physical Development
- Communication and Language
- Motor Development
- Feeding and Dressing Skills
- Self-Help Skills
- Hearing and Vision
- Social and Emotional Development
- Learning, Problem Solving and/or Play Skills

How does the program work?

Early recognition of delays and/or a diagnosis is critical to ensure your child receives appropriate services to help him or her reach their maximum potential. Whatever your child’s specific needs may be, Easter Seals focuses on individualizing our services to meet them. We provide best practice and evidenced based developmental and therapeutic programs in the most natural environment for your child, which is most often at home. Our team of early childhood development specialists work collaboratively with your family to provide integrated

and effective services, designed to enhance your child’s development and learning in everyday activities and routines. You’ll receive ongoing guidance, support and education regarding your child’s development, so that you can become just as confident and effective in meeting your child’s needs as professionals.

Our services include:

- Physical Therapy
- Occupational Therapy
- Speech and Language Therapy
- Hearing Assessment
- Nursing/Health Assessment
- Parent Education/Training

What is the cost for my family?

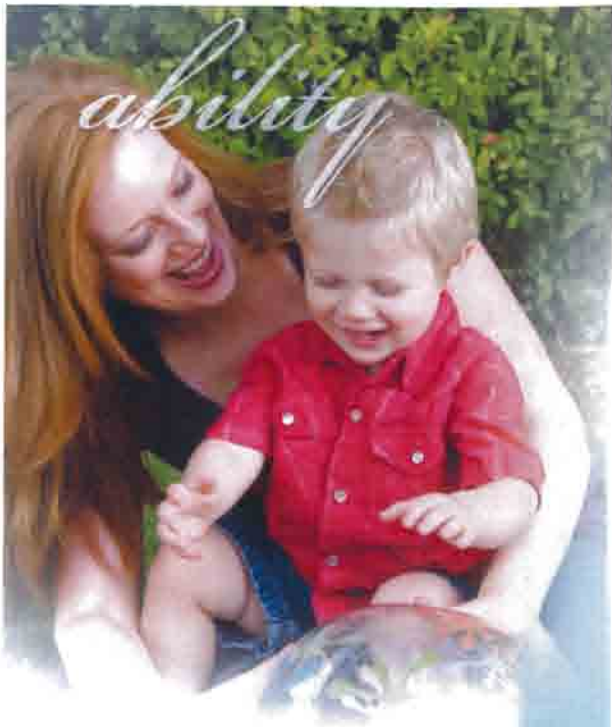
Cost is based on a sliding scale. Your payment, if applicable is based on:

- Proof of Current Income
- Medical Expenses
- Child Care Expenses

This information will help determine where your family’s income falls on the sliding fee scale. Parents’ share in the cost of services will range from \$0 to \$100 per month.

Contact us for more information.

Please call us at 801-852-4525 from 8 a.m. to 5 p.m., Monday through Friday. You may also fax us at 801-852-3589. In addition, you can find more information on our website at: www.utahbabywatch.org.



**When you're concerned
we're here to help.**

The first three years of your child's life are the building blocks to all future learning, growth and development. While all children grow and learn at their own rate, some children show delays in their development that are cause for concern. That's when Easter Seals stands ready to help.

knowledge

Our *mission*

We create solutions that change lives for people with disabilities, for the disadvantaged and for their families.

A program of



**Easter Seals
Northern
Rocky Mountain**

A division of

Easter Seals-Goodwill Northern Rocky Mountain, Inc.
www.esgw-nrm.easterseals.com

Provo Early Intervention Program

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Provo, UT 84606
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Fax: (801) 852-3589

Utah Service Center:
350 So. 400 E., in The Children's Center
Salt Lake City, UT 84111
Phone: 801-633-2091

Early *intervention*

Services



Early Intervention Program for Provo Families



A program of Easter Seals
Northern Rocky Mountain in cooperation
with the Utah Department of Health

Typical Development Milestones

The following guidelines are to help parents assess the development of their child, although each child's rate of development varies. If you have concerns about your child's development, please contact your physician and/or Easter Seals Provo Early Intervention Program.

Newborn

- Strong suckle
- Hand closes tight on contact
- Makes small throaty noises
- On stomach, lifts head

1-3 Months

- Smiles in response to your smile
- Hands held open most of the time
- Looks at someone talking
- Special cry for hunger
- On stomach, pushes up on forearms

3-6 Months

- Babbles during play
- Reaches for nearby toy
- Turns head freely to look around
- Puts both hands on bottle or breast while feeding

6-9 Months

- Recognizes two common objects when named
- Waves "Hi" and "Bye bye"
- Rolls over/ Sits with support
- Transfers toy from hand to hand
- Turns head toward sounds
- Holds, sucks and bites crackers

9-12 Months

- Finger feeds
- Repeats action when adult laughs
- Flings objects
- Picks up objects with thumb and first finger
- Creeps / crawls
- Side steps holding onto furniture



12-15 Months

- Stops drooling
- Scribbles spontaneously
- Uses three to five words plus "Mama" or "Dada"

15-18 Months

- Uses spoon, spilling little
- Removes hat, socks
- Inserts object into small opening
- Points to eyes, nose, or mouth of a doll
- Uses words to make needs known
- Runs stiffly

18-24 Months

- Defends own possessions
- Turns thick pages of a book
- Imitates two and three words sentences
- Pulls toys, throws balls, and builds towers
- Drinks from a cup held with both hands

24-30 Months

- Washes and dries own hands
- Carries out two-part commands
- Walks up and down stairs holding on
- Says at least 50 words and uses pronouns
- Points to and names objects in a book

30-36 Months

- Matches three simple items
- Identifies some big and little objects
- Relates recent experiences
- Pedals wheeled toy

3 Years

- Jumps lifting both feet off the ground
- Copies a circle and counts to five
- Uses three words in a sentence
- Knows most body parts
- Plays by self or next to other children.

