

EARN WHILE YOU LEARN



What could I learn?

Here are some of the topics that could be covered.

The First Trimester Prenatal Care	Protecting Your Child from Molestation
Nutrition	Toilet Training
Going It Alone	1-2-3 Magic
Your Developing Baby	Testing and Manipulation
Smoking	Counting in Action
Ultrasound	7 Tactics of Good Behavior
What's Safe, What Isn't	10 Strategies for Self Esteem
Bonding with your baby	Building Self-Esteem
Your Changing Body	How to Really Love Your Child
The Second Trimester	The Key to Discipline
A Look At Adoption	Power Struggles
Reducing the Risk of SIDS	A Lasting Legacy
Amazing Talents Of Your Baby	Teaching the Bible
Your Baby's Secret World	What Type of Parent Are You
The Third Trimester	Your Child's Personality
Getting Ready for Baby	Overcoming Destroyer of Families
Eye Contact Means Love	Providing Loving Support
Infant Temperament	Setting Limits with Love
The Importance of Bonding	Developing a Close-Knit Family
Infant Massage	Ten Ways to Motivate Your Child
Newborn Care	The Seeds of Self Esteem
Crying, Colic and Sleep	Make Your Child Feel Special
Caring for Yourself	Money Management 101
The First Years Last Forever	Basics of Budgeting
Safe and Healthy Environment	Checking Accounts
Parent Child Relationship	Positive Credit
Self-Esteem	Saving for the Future
Quality Child Care	Apartment Renting 101
Accidents	Roommates -Conflict Resolution
Illnesses	Furnishing and Decorating
Car Seat Safety	How to Clean Your Home
Your Baby Can Sleep	Time Management
Discipline with Love	Shopping for a Car
Food for Growth	Insurance Needs
Breast Feeding Basics	Using a Recipe
Your Child's Development	Surviving the Checkout
Never Shake a Baby	Menu Planning
Postpartum	Crystal Meth
Ready to Learn	Fetal Alcohol Exposure
Happiest Baby on the Block	

Wouldn't it be great to **KNOW** that you are being a **GREAT** parent? ...to know that you are doing what you need to do to raise your child right? ...and to be earning the items you need for your baby while you are learning? Come in and talk to us or give us a call today!



For more information about our Parenting Program contact:

Pregnancy Resource Center of Utah Valley

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www.prcutahvalley.org

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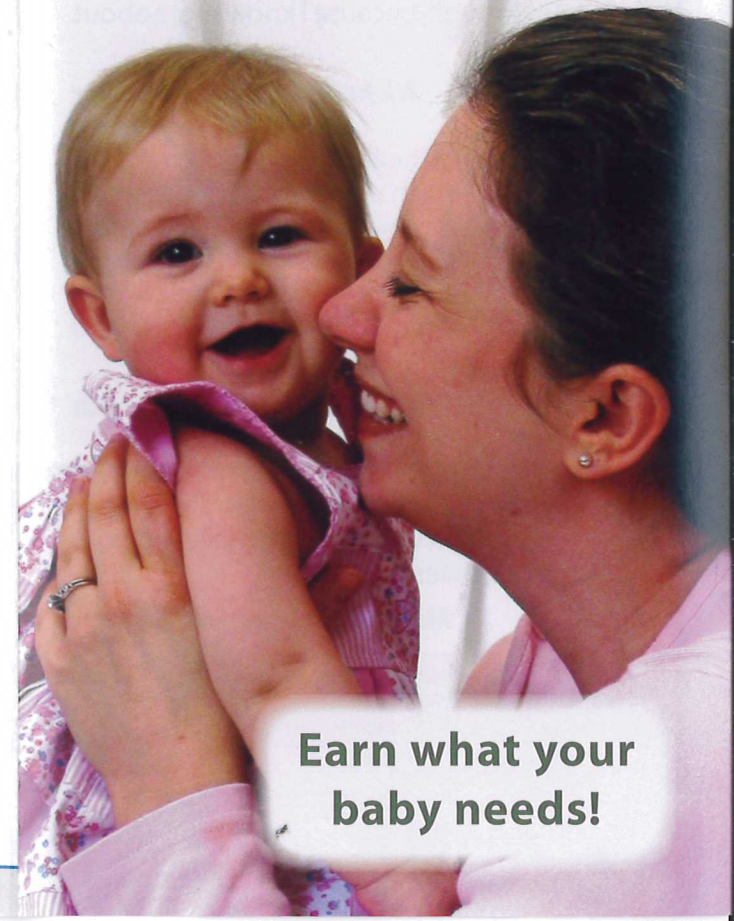
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EARN WHILE YOU LEARN!

**Be the Best Parent
You Can Be!**



**Earn what your
baby needs!**

EARN WHILE YOU LEARN



Is “Earn While You Learn” for Me?

Listen to what others say:



“I enjoy the knowledge I receive in the **Earn While You Learn** classes. I was amazed by the amount of information I was given. It all makes me feel more comfortable with what I

am going through, because I know more about what to expect.”

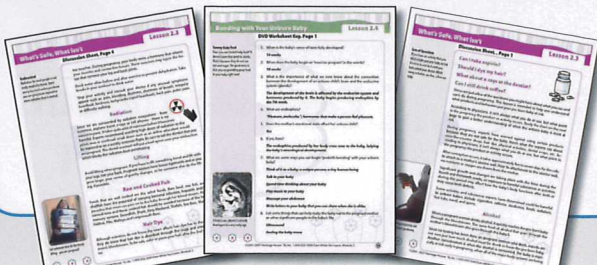
Nichole, Expecting Mother

“This program has been a blessing for me. I am expecting my fourth child and I have learned so much I never knew about. I have the ability to learn and to earn Mommy Money to be able to purchase anything from diapers and clothes to car seats. This program has helped me and everyone is so wonderful here.”

Deena, Mother of 3 children, expecting the 4th

“I really appreciate this program. It’s interesting and a lot of help to me and my family. I really didn’t know how I was going to make it before I took these classes!”

Mother of a 3 year-old & infant



Could the Earn While You Learn Program help you?



Pregnancy and parenting are filled with lots of uncertainty. This program helps to answer many of the questions you have and ease your anxiety.

You can “**Earn While You Learn**”—With each lesson that you complete you will earn credits for baby

supplies and other materials.

Many people want to learn how to be good parents and raise a healthy, happy child.

The center staff is available to provide support and resources during this time of transition and change.

The lessons are fun, interesting and practical. We can help you learn how to be the best parent you can be!



Earn things your baby needs:

As a part of our **Earn While You Learn Parenting Program**, we give you an opportunity to earn credits that you can use to “purchase” materials like maternity and baby clothes, blankets, diapers, formula and other much needed supplies.

We may even have items like cribs, car seats, strollers and other baby furniture available through the program. At our center we provide you with an opportunity to learn how to be the best parent you can be. **Earn While You Learn** will help you to understand what to expect in pregnancy and beyond.

Through regular lessons that include videos and worksheets, you’ll learn important and interesting information about your pregnancy and your baby.

There are a number of topics to choose from and our staff will put together a lesson plan that is unique to your needs.

And best of all, you will work with a parenting instructor who will be able to help you better understand the challenges and joys that lie ahead for you and your baby.

We would love to have you involved in our program and show you the supplies and materials you can earn from our center!

