

## RESOURCES IN TIMES OF ECONOMIC STRESS

### **United Way of Utah County 211**

United Way of Utah County Information & Referral connects the community to health and human service resources. Knowledgeable specialists assess individuals' needs and make appropriate referrals. We advance the common good by empowering individuals to find the help they need.

### **ABUSE AND DOMESTIC VIOLENCE**

- Center for Women & Children in Crisis** provides 24-hour service for victims of domestic violence and rape...377-5500
- Division of Child & Family Services** investigates reports of child abuse or domestic violence.....374-7005
- Family Support & Treatment Center** offers child abuse prevention, therapy and crisis nursery..... 229-1181

### **COUNSELING**

- BYU Comprehensive Clinic** provides family, marriage and individual counseling at a sliding-scale rate.....422-7759
- Family Support & Treatment Center** provides therapy and support groups for victims of child abuse and domestic violence.....229-1181
- LDS Family Services** counsels families, spouses, children, individuals and adoptive counseling.....422-7620
- Wasatch Mental Health** provides crisis intervention and counseling services with Medicaid clients.....373-4760

### **SHELTERING & HOUSING SERVICES**

- Community Action** provides temporary sheltering service and mortgage, first-time homebuyer and foreclosure prevention counseling for families.....373-8200
- Food and Care Coalition** provides temporary shelter for single individuals.....373-1825

### **DEPARTMENT OF WORKFORCE SERVICES (DWS)**

- provides employment help, training, and general application for welfare, unemployment, Medicaid, WIC and food stamps
- American Fork.....492-4500
  - Provo.....342-2600
  - Spanish Fork.....794-6600

### **CRISIS INTERVENTION**

- Center for Women & Children in Crisis** provides a 24-hour hotline for victims of rape and domestic violence..377-5500
- Crisis Line of Utah County** is a 24-hour hotline helps callers in crisis and gives emergency referrals.....226-4433
- Wasatch Mental Health** provides a 24-hour intake and assessment for callers in crisis.....373-7393
- Vantage Point** mediates parent/child conflict between youth ages 11-17 and their families.....373-2215

### **FINANCIAL ASSISTANCE & COUNSELING**

- AAA Fair Credit** provides free debt counseling and low-cost credit management, consolidation and other services.....1-800-351-4195
- American Red Cross** facilitates utilities assistance program for senior citizens and those with disabilities.....373-8580
- Community Action** assists with temporary financial, food, and sheltering services for families.....373-8200
- Utah State University Extension** helps people find ways to pay their debt off faster and manage their home finances better.....851-8479

### **HEALTH CARE**

- Children's Health Insurance Program (CHIP)** provides children access to health care.....888-KIDS-NOW
- Community Health Connect** gives referrals for primary and specialized health care (habla espanol).....818-3015
- Mountainlands Community Health Center** provides primary medical and dental care for low-income and medically underserved populations.....374-9660
- Volunteer Care Clinic** provides basic medical care to low-income individuals with no insurance.....812-8094