

School Age Community Based Service Coordination

What we offer

- Consult by phone with families to identify resources and problem solve
- Collaborate with families, teachers, health and mental health providers to help navigate disability services
- Focus on improving everyday functional behaviors
- Help with select health care coordination
- Encourage parents in team building with community partnerships
- Support for children and youth in transition
- Provide education outreach to community providers
- Online developmental and emotional behavioral screening tools

http://health.utah.gov/able/otherresources/forms_ho.html



Additional Resources

Help for Parents

www.childrensdisabilities.info

www.utahparentcenter.org

Health

www.medicalhomeportal.org

www.health.utah.gov/cshcn

Resources and Services

www.accessut.org

www.informationandreferral.org

Disabilities

www.nichcy.org

Education

www.usoe.k12.ut.us

www.eric.ed.gov

Mental Health

www.vtmh.com

www.slcs SubstanceAbuse.org

www.nami.org

Other links online at <http://health.utah.gov/able/otherresources/resourceslinks.html>

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ABLE PROGRAM

CHILDREN WITH SPECIAL HEALTH CARE NEEDS

New Community based School Age Program

ADAPTIVE

FORMS

LEARNING

ENVIRONMENT



Utah Department of Health

<http://www.health.utah.gov/able>

Community self help for families

ABLE promotes a self-help model that serves school-age children and their families with special health care needs who have questions about referral and resources as well as what to do when children have not had success with typical forms of intervention. We support parents solving problems themselves with participation in family-centered community partnerships such as with schools, medical homes, and



mental health systems. Families can focus on building positive child-family, and culturally sensitive community supports that

fosters new opportunities and achievements.

A family-driven team encourages multiple views of the problem, drawing on existing strengths and resources. We believe this self-determined model will assist families in accessing services earlier and finding proactive solutions while strengthening preferences and personal agency.

Access self help steps in problem solving at:
<http://health.utah.gov/able/websiteuse/welcomeintro.html>

Collaborative steps to satisfy your child's special needs

Guide your journey with family centered principles:

- Use your family resilience through contextual and strength based resources
- Voice your family values and cultural pride
- Re-story families' hopes and dreams

Build a child-family team with community members over time for optimal solutions:

- Expand the team with extended family and friends
- Medical and school related persons
- Counselor or therapist

Expect your team to join together, support your decisions and create new ideas:

- Acknowledge your family's stories and efforts
- Explore and expand choices

Anticipate family outcomes to celebrate:

- Defined purposes and goals
- Improved quality of life for all
- Keeping hope alive

Initiate community and family service options:

- Access to guides for planning and convening a community or school conference which can be found:

http://www.health.utah.gov/able/pdf_forms/handouts/guidetoconferencing.pdf

http://www.health.utah.gov/able/pdf_forms/schoolcomconf.pdf

How we can help you help your child by building resiliency a few steps at a time

The ABLE program is available for family and community "consultative conversations" when the family has unresolved problems and other additional resources

(school, health provider, etc) that need to be identified.

Some challenges may be overwhelming and require more collective

approaches. We ask the parents what concerns they have and what they now want to do, and together share suggestions, support, and connection to others.



Tools from risk to resiliency by striving against the odds at <http://www.health.utah.gov/able/resiliency/promisedoc.html>.

These phone consultation services are offered by the Utah Department of Health as an investment supporting healthy Utah families without costs to parents.



Utah
Department
of Health